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Crossmark data Citing articles: 11 View citing articles Immune-stimulatory potential of hot water extracts of selected edible mushrooms Noorlidah Abdullah, Rosnina Abdulghani, Siti Marjiana Ismail and Mohamad Hamdi Zainal Abidin Mushroom Research Centre, Institute of Biological Sciences, Faculty of Science, University of Malaya, Kuala Lumpur, Malaysia **ABSTRACT Polysaccharides isolated from mushrooms have recently attracted attention due to its potential immune-stimulatory activity. The aim of this study was to validate the in vitro immune-stimulatory activities of various mushroom extracts.**

The 3-(4,5- dimethylthiazol-2-yl)-2,5-diphenyltetrazolium bromide (MTT) assay revealed that *Pleurotus eryngii*, with the highest  $\beta$  -glucan (18.94%) content, displayed highest viability on macrophage cells of 62.59% at 200  $\mu$  g/ml concentration. *Pleurotus cystidiosus* , with 18.16%  $\beta$  -glucan, content showed highest activation of NF-kB (0.7

µg/ml) at a concentration of 100 µg/ml. *Termitomyces heimii*, with the lowest percentage of β -glucan (0.51%), exhibited highest phagocytosis index of 9.38 at 12.5 µg/ml. The brown strain of *Agaricus bisporus* with 1.54% of β -glucan stimulates the highest nitric oxide (NO) production of 12.39 µM nitrite oxide at 100 µg/ ml.

This study revealed that hot water extracts of mushrooms have different β -glucan contents and produced varying immune- stimulatory activities. Among these, *Pleurotus* spp. demonstrated the highest percentage of β -glucan content and viability of macrophage cells. *Pleurotus* spp. are deemed immune-stimulatory by increasing phagocytic activity, NO production, and triggered the activation of NF-κB. ARTICLE HISTORY Received 16 March 2016 Accepted 18 January 2017 KEYWORD S *Pleurotus* ; immunostimulants; phagocytosis; macrophage activation; nitric oxide Introduction Mushrooms are foods with well-known medicinal properties due to their antioxidants and immunomodulatory attributes (Abdullah, Ismail, Aminudin, Shuib, & Lau, 2012 ; Raaman et al., 2011 ).

Nowadays, mushrooms are often consumed more for their nutritional and medicinal properties than for their texture and flavour (Abidin, Abdullah, & Abidin, 2016b ). There is a huge attraction on mushrooms for their immunocutaneous properties not only for crude and semi-crude extracts but also for their complex carbohydrate-bio- logical response modifiers (Morris et al., 2007 ). The human immune system combats a range of invasive microorganisms and cancers through macrophages, the body ' s first line of defence. Macrophages are a type of differen- tiated tissue cell that originate as blood monocytes.

The cells have several functions, such © 2017 Informa UK Limit ed, trading as Taylor & Francis Group CONTACT Noorlidah Abdullah noorlidah@um.edu.my Mushroom Research Centre, Institute of Biological Sciences, Faculty of Science, University of Malaya, Kuala Lumpur 50603, Malaysia FOOD AND AGR ICULTURAL IMMUNOLOGY , 2017 VOL. 28, NO. 3, 374 – 387 [http://dx .doi.org/10.1080/09540105 .2017.1293011](http://dx.doi.org/10.1080/09540105.2017.1293011) as the removal of cell debris, killing pathogenic microorganisms, and processing antigen presentation to lymphocytes (Cutolo, 1999 ; Gordon, 2002 ). Activation of macrophages is a key event for effective innate and adaptive immunity.

NF-? B, one of the most impor- tant transcription factors in macrophages, regulates the transcription of a large number of genes in immune and inflammatory response. The stimulation of a wide variety of cell- surface receptors by mushroom polysaccharides has been demonstrated to lead directly to NF- ? B activation and fairly rapid changes in gene expression (Chen, Lu, Qu, Wang, & Zhang, 2010 ). Nitrite oxide (NO) production is a major mediator of macrophages cells which is activated by NF- ? B inflammatory

signalling mechanism (Chan et al., 2015 ).

The NO production may destroy bacterial infections and tumour cells due to its immune response capability (Iuvone, Esposito, Capasso, & Izzo, 2003 ). Macrophage phagocytosis activity is yet another important immune defence in the body against microbial infections. It is also acted as a clearance mechanism to engulf any apoptotic or necrosis cells (Sauter et al., 2000 ). Edible mushrooms are a potential source of dietary fibre such as chitin and other hemi- celluloses, mannans, and polysaccharides namely  $\beta$ -glucan.

Beta-glucans are the most abundant forms of polysaccharides and are a major component of mushrooms which display immune-stimulatory potency. Muller et al. observed that  $\beta$ -glucan may enhance immune system cells (e.g. macrophages) by binding to particular cell receptors and directly activating the cells (Mueller et al., 2000 ). Wasser added that instead of killing cancer cells directly,  $\beta$ -glucan actually activates cells of the immune system which then kill the cancer cell (Wasser, 2002 ). Some  $\beta$ -glucans extracted from mushrooms have been shown to have immune-stimulatory properties.

Lentinan from *Lentinula edodes*, grifolan from *Grifola frondosa*, and schizophyllan from *Schizophyllum commune* have all been identified as immunostimulating components upregulating the functions of macrophages and natural killer cells (Daba & Ezeronye, 2003 ; Hong, Weiyu, Qin, Shuzhen, & Lebin, 2013 ; Jong, Birmingham, & Pai, 1991 ). These compounds, homo- and hetero- glucans with  $\beta$  (1 $\rightarrow$ 3),  $\beta$  (1 $\rightarrow$ 4), and  $\beta$  (1 $\rightarrow$ 6) glucosidic linkages, are present in the cell walls of mushrooms and can be extracted by boiling in water (Daba & Ezeronye, 2003 ; Jong et al., 1991 ).

Mushrooms are typically not eaten raw. They are usually boiled at high temperatures in water. Hence, information obtained from analysis of hot water extraction that mimics common cooking conditions would be useful in evaluating the immune-stimulatory potential of mushrooms upon consumption. The aim of this research is to determine the level of  $\beta$ -glucans in hot water extracts from different edible mushrooms and to evaluate the potential of these extracts to activate macrophage-mediated innate immune responses as such as NO production, phagocytic ability, and activation of NF- $\kappa$ B.

**Materials and methods**

**Mushroom collection**

The 16 species of culinary medicinal mushrooms used in this study ( Table 1 ) were obtained from mushroom farms and supermarkets in Selangor and Kuala Lumpur, Malaysia.

These include *Agaricus bisporus* (brown strain); *A. bisporus* (white strain); *Agrocybe* sp. ; *Auricularia auricula-judae* ; *Flammulina velutipes* ; *Hericeum erinaceus* ; *L. edodes* ;

*Pleurotus giganteus* ; *Pleurotus citrinopileatus* ; *Pleurotus cystidiosus*; *Pleurotus eryngii*; *F O O D A N D A G R I C U L T U R A L I M M U N O L O G Y* 375 *Pleurotus flabellatus* ; *Pleurotus florida* ; *Pleurotus pulmonarius* ; *S. commune* ; and *Termitomyces heimii* . The samples were identified and authenticated by experts at the Mushroom Research Centre, University of Malaya.

**Preparation of mushroom hot water extracts** All mushrooms fruiting bodies were washed, dried out, cut into smaller pieces, and boiled in distilled water at a ratio of 1:10 (w/v) at 100°C for 30 min. Boiled mushrooms were cooled to room temperature and filtered using Whatman No. 1 filter paper and lyophilized. Dried hot water extract at stock concentration of 1 mg/ml was then sterilized using a Millipore filter (10 µm) into a sterile vial and kept as a stock solution at 4°C. For the assay, concentrations were prepared by diluting the stock at 12.5, 25, 50, and 100 µg/ml under sterile conditions.

**Preparation of macrophage (RAW264.7) cells** The RAW264.7

cells used in this study were purchased from American Type Cell Collection (Catalog number TIB-71™) and cultured in Dulbecco's Modified Eagle's Medium supplemented with 10% foetal bovine serum. Cells were subcultured every 2–3 days and incubated at 37 ± 2°C in a 5% CO<sub>2</sub> humidified incubator. The cells for MTT, phagocytosis, and NF-κB assays were grown for 3 days until reaching 60 – 70% confluence. Estimation of β-glucan level The measurement of β-glucan level was performed using a Mushroom and Yeast Beta-Glucan (YBG) Assay Kit (Megazyme International).

The main principle of this study is based on the measurement of β-D-glucan, a polysaccharide yielding D-glucose only via acid hydrolysis with a mixture of highly purified exo-1,3-β-glucanase and Table 1. Composition of β-glucan in hot water extracts of mushrooms. Mushroom species Percentage of β-glucan (w/w extract)

<i>A. bisporus</i> (Brown)	1.54 ± 1.46
<i>A. bisporus</i> (White)	1.41 ± 2.54
<i>Agrocybe</i> sp.	5.01 ± 0.19
<i>A. auricula-judae</i>	13.18 ± 1.40
<i>F. velutipes</i>	11.65 ± 1.17
<i>H. erinaceus</i>	1.85 ± 0.48
<i>L. Edodes</i>	7.14 ± 1.98
<i>P. giganteus</i>	13.50 ± 0.59
<i>P. citrinopileatus</i>	4.45 ± 0.52
<i>P. cystidiosus</i>	18.16 ± 0.98
<i>P. eryngii</i>	18.94 ± 1.53
<i>P. flabellatus</i>	12.09 ± 2.57
<i>P. florida</i>	18.19 ± 3.32
<i>P. pulmonarius</i>	10.72 ± 0.68
<i>S. commune</i>	3.57 ± 0.20
<i>T. heimii</i>	0.51 ± 0.11

Yeast β-glucan 78.09 ± 7.53 Lentinan 29.52 ± 2.38 Notes: Values are expressed in triplicate as mean ± SD. P < .05 indicates significant differences. 376 N. A B D U L L A H E T A L. β-glucosidase. Absorbance was read in triplicate at 510 nm via a UV – Vis spectrophotometer (Shimadzu, Japan). The results were expressed as a percentage of β-glucan in the extract (w/w). β-glucan and Lentinan were included in this assay as a comparison to mushroom extracts. Cells

viability assay The assay was performed following Abidin et al. method with some modification (Abidin, Abdullah, & Abidin, 2016a ).

A 96-well plate was seeded with  $1.5 \times 10^4$  of RAW264.7 cells per well and incubated for overnight to allow the cells to settle down. The cells were then treated with various concentrations of extracts and incubated for 24 h.  $\beta$ -Glucan and Lentinan were included as comparison and the untreated cells served as a negative control. The plates were incubated at 37°C in 5% CO<sub>2</sub> humidified incubator. The viability study for RAW264.7 cells was carried out after treatment was done via the 3-(4,5-dimethylthiazol-2-yl)-2, 5-diphenyltetrazolium bromide (MTT) assay.

The measurement of cell viability by this assay is based on the capability of living cells to reduce MTT tetrazolium salt into formazan crystals. The test was performed in triplicate. After 48 h incubation, 20  $\mu$ l MTT solution was added to each well, then incubated for 4 h at room temperature. The medium from the wells was then discarded, followed by the addition of 100  $\mu$ l of Dimethyl sulfoxide. The plate was incubated for another 20 min to dissolve the purple formazon product with live cells. The absorbance was read at 570 nm using an ELISA micro-plate reader.

The percentage of cell viability was calculated based on the following equation:  $V \% = [(A - B) / (A)] \times 100$ , where A indicates the absorbance value of untreated and B indicates the absorbance value of treated cells with extracts. Phagocytosis assay The cells prepared as described above were treated with extracts and incubated at 37°C in a 5% CO<sub>2</sub> humidified incubator. The test was done in triplicate. After 48 h incubation, 100  $\mu$ l of 0.075% neutral red solution was added into each well, then incubated for another 30 min at room temperature. The supernatant was discarded and the plate rinsed with 1 $\times$  potassium buffer sulphate to remove excess dye.

Then, the cell lysate (50% ethanol and 1% acetic acid) was added to lyse the cells overnight. The absorbance was read at 540 nm using an ELISA micro-plate reader. Index of the phagocytic activity was calculated using phagocytic activity index = Abs sample / Abs control . NF- $\kappa$ B level The treated cells at various concentrations of extracts were incubated at  $37 \pm 2^\circ\text{C}$  in a 5% CO<sub>2</sub> humidified incubator for 24 h incubation. Assays were performed based on the NF- $\kappa$ B/p65 Activ ELISA Kit (IMGENEX Corporation). The basis of this study is the measurement of free NF- $\kappa$ B in the nucleus of cells, which can be seen by the pink colour development.

The absorbance was read at 405 nm via an ELISA micro-plate reader in triplicate. A standard curve was plotted with the absorbance value at 405 nm against NF- $\kappa$ B concentration ( $\mu\text{g/ml}$ ). The calculation for concentration of F O O D A N D A G R I C U L

TUR AL IM MU NO LO G Y 377 NF-kB level ( $\mu\text{g/ml}$ ) in the cell =  $A / 0.0935$ , where A indicated the absorbance value of the cell at 405 nm. NO assay In this study, the NO standard curve was prepared by diluting 0.1 M sodium nitrate 1000 fold. To set up a standard curve, 50  $\mu\text{l}$  of the medium was added into wells B through H and 100  $\mu\text{l}$  of diluted nitrite solution was pipetted into well A.

The test was performed in triplicate. Then, 50  $\mu\text{l}$  of NO solution from well A was dispersed to well B and serial dilution was continued until well G. After mixing, 50  $\mu\text{l}$  of solution from well G was discarded and well H was left empty. The standard curve for nitric oxide was generated at 100, 50, 25, 12.5, 6.25, 3.13, and 1.56  $\mu\text{M}$ . The treated cells with various concentrations of extracts were incubated at  $37 \pm 2^\circ\text{C}$  in 5%  $\text{CO}_2$  humidified incubator for 24 h incubation. Fifty microlitre of the extracts was transferred into 96-well plates which already contained 50  $\mu\text{l}$  of the medium. Finally, 50  $\mu\text{l}$  of the Griess reagent was added to each well and incubated for 10 min under dark conditions at room temperature.

Positive results appeared immediately as a purple or magenta in colour. Absorbance was measured at 540 nm. Statistical analysis Results were given as mean  $\pm$  standard deviation (SD) in triplicates with their 95% confidence intervals. All analysis was conducted using one-way analysis of variance in Stat- graphics Plus for Windows 3.0. Results and discussion Estimation of  $\beta$ -glucan level in hot water extract of mushrooms  $\beta$  - D -glucan are linear polymers of glucose with other D -monosaccharides and have been reported to have higher anticancer activity compared to  $\alpha$  - D -glucans (Carbonero et al., 2006 ; Mizuno, 1999 ). Mizuno et al. also proved that glucans with higher molecular weight are more effective than those of low molecular weight against tumours (Mizuno, 1999 ).

These differences are due to the ability of the polysaccharide molecule to solubilize in water, size of the molecules, branching rate, and form (Wasser, 2002 ).  $\beta$  - D -glucan has also shown the ability to activate and reinforce the host immune system by inhibiting the growth of cancer cells (Mizuno, 1999 ). In this study, hot water extracts of edible-medicinal mushrooms were investigated to determine their  $\beta$  -glucan levels. From the results, commercial YBG showed the highest percentage of  $\beta$  -glucan (78.09%) compared to commercial Lentinan (29.52%), which is also known to have an anticancer effect on animal and human carcinomas (Mizuno, 1999 ). Table 1 depicts that among the mushroom species,  $\beta$  -glucan levels of *Pleurotus* species are higher than other mushroom species. *P. eryngii* and *P.*

*cystidiosus* exhibited the highest level of  $\beta$  -glucan with 18.19% followed by *P. florida* (18.16%). Carbonero et al. ( 2006 ) stated that the anti- tumour activity of *P. eryngii* may



be in part due to  $\beta$ -glucan. Mushroom extracts like 378 N . A B D U L L A H E T A L . T. heimii, A. bisporus (white), and A. bisporus (brown) had very low  $\beta$ -glucan content at 0.51%, 1.41%, and 1.54%, respectively. Effect of the extracts on macrophages cells (RAW264.7) viability The viability of the cells treated with mushroom hot water extracts was investigated using MTT, 3-(4,5-dimethylthiazol-2-yl)-2,5-diphenyltetrazolium bromide.

The activity involves reducing water-soluble tetrazolium salt to formazon, which can be seen by the colour change from yellow to purple. Lentinan and YBG served as positive control. Refer- ring to Figure 2 , *P. eryngii* exhibited highest cell viability of 62.59% at 200  $\mu\text{g/ml}$  after 48 h incubation. Other mushrooms showed low cell viability, with viability percentages below 40% except for *P. flabellatus* , with 44.90% at 200  $\mu\text{g/ml}$  ( Figures 1 – 3 ). The positive con- trols Lentinan and YBG exhibited lower cell viability probably due to the high  $\beta$ -glucan that could kill the cells.

In another report, in accordance with our study, polysaccharides extracted from *Cordyceps militaris* demonstrated a decrease in macrophages cell viability percentage with concentration ranging from 10 to 1000  $\mu\text{g/ml}$  (Lee et al., 2015 ). However, hot water extracts of *P. eryngii* and *P. flabellatus* are potential immune-stimulatory agents since they exhibited high viability towards RAW264.7 macrophages cells. Fig ure 1. Viability effects of differen t concent rations of mushr oom hot water extracts (i.e., *Agaricus bisporus* (white and brown) , *Agro cybe* sp., *A. auricula-ju dae*, *F.velutipe s*, *H.erinaceum* ) on RAW264.7 macr o- phage cells for 48 h incubation.

Values are expr essed in triplicate as mean  $\pm$  SD. Fig ure 2. Viabi lity effects of differen t concent rations of mushr oom hot water extracts (i.e., *L. edod es*, *P. giga nteus*, *P. citrinopileatu s*, *P. cystid iosus*, *P. eryngii*, *P. flabellatus* ) on RAW2 64.7 macrophag e cells for 48 h incubation. Values are expr essed in triplicate as mean  $\pm$  SD. F O O D A N D A G R I C U L T U R A L I M M U N O L O G Y 379 Phagocytosis activity As shown in Figures 4 – 6 , after 48 h of incubation YBG (12.5 and 100  $\mu\text{g/ml}$ ); *T. heimii* (all concentrations); *P. florida* (12.5, 50, and 100  $\mu\text{g/ml}$ ); and *S. commune* (12.5  $\mu\text{g/ml}$ ) extracts significantly stimulated phagocytosis activity of RAW264.7 cells after 48 h incu- bation.

Overall, the phagocytosis activity from treated macrophage cells was shown to be higher than untreated cells, however not dose dependent. According to the results, *T. heimii* at 12.5  $\mu\text{g/ml}$  concentration showed the highest phagocytosis index of 9.38 ( Figures 4 – 6 ), however, these values are lower than YBG (10.97, 12.5  $\mu\text{g/ml}$ ). Among *Pleurotus* species, *P. florida* exhibited the highest phagocytosis activity index at 9.02 at 12.5  $\mu\text{g/ml}$  after 48 h incubation ( Figure 5 ). This might be due to the high level of  $\beta$ -glucan in *P. florida* hot water extract. As proven by Rout, Mondal, Chakraborty,

Pramanik, and Islam ( 2005 ), it was found that  $\beta$  -glucan compound isolated from *P.*

*florida* was able to activate phagocytic activity of macrophage cells. In addition, glucans isolated from *P. florida* were able to activate the phagocytosis of fish leukocytes (Kamilya, Ghosh, Ban- dyopadhyay, Mal, & Maiti, 2006 ). However, the high phagocytosis activity of *T. heimii* Fig ure 3. Viability effects of different concentrations of YBG, Lentinan, and mushroom hot water extracts (i.e., *P. florida*, *P. pulmonarius*, *S. commune*, *T. heimii* ) on RAW264.7 macrophage cells for 48 h incubation. Values are expressed in triplicate as mean  $\pm$  SD. Fig ure 4. Effects of different concentrations of mushroom hot water extracts (i.e., *Agaricus bisporus* (white and brown), *Agrocybe* sp., *A.*

*auricula-ju dae*, *F. velutipes*, *H. erinaceum*) on phagocytosis of RAW264.7 macrophage cells for 48 h incubation. Values are expressed in triplicate as mean  $\pm$  SD. 380 N . A B D U L L A H E T A L. even when the level of  $\beta$  -glucan was low may be due to its structure and size. Mushrooms had a wide variety of  $\beta$  -glucan structure and size. Mizuno et al. also proved that glucans with higher molecular weight are more effective than those of low molecular weight against tumours (Mizuno, 1999 ).

These differences are due to the ability of the polysaccharide molecule to solubilize in water, size of the molecules, branching rate and form (Wasser, 2002 ). NF-  $\kappa$  B activation NF-  $\kappa$  B is a complex protein that controls the transcription of DNA. NF-  $\kappa$  B is an important protein in modulating the expression of immunoregulatory genes that are relevant in critical illness, inflammatory diseases, apoptosis, and cancer (Neurath, Becker, & Barbusescu, 1998 ). Thus, the activation of NF- $\kappa$ B pathway can be a very important target for therapeutic intervention and the design of new treatments for chronic inflammation diseases (Lubberts, Joosten, Helsen, & van den Berg, 1998 ).

In this study, the activation of NF-  $\kappa$  B by hot water extracts of mushrooms and YBG towards RAW264.7 cells lines were investigated via an IMK-503;NF-  $\kappa$  B/p65 Activ ELISA™ Kit purchased from IMGEX Corporation. The results were compared to the NF-  $\kappa$  B/p65 standard reference curve. Fig ure 5. Effects of different concentrations of mushroom hot water extracts (i.e., *L. edodes*, *P. giganteus* , *P. citrinopileatus*, *P. cystidiosus* , *P. eryngii*, *P. flabellatus* ) on phagocytosis of RAW264.7 macrophage cells for 48 h incubation. Values are expressed in triplicate as mean  $\pm$  SD. Fig ure 6. Effects of different concentrations of YBG, Lentinan, and mushroom hot water extracts (i.e., *P.*

*florida*, *P. pulmonarius*, *S. commune*, *T. heimii* ) on phagocytosis of RAW264.7 macrophage cells for 48 h incubation. Values are expressed in triplicate as mean  $\pm$  SD. F O O



D A N D A G R I C U L T U R A L I M M U N O L O G Y 381 Based on these results, most of the hot water extracts showed dose-dependent activation of NF- $\kappa$ B with *P. cystidiosus* extract exhibiting the highest activation of 0.71  $\mu$ g/ml of NF- $\kappa$ B/p65 at 100  $\mu$ g/ml concentration (Figures 7 – 9). It is interesting to note that the activation of NF- $\kappa$ B by *P. cystidiosus* was better than YBG and also Lentinan at all concentrations tested.

Effects of hot water extracts on NO production Nitric oxide is secreted in huge amount and is believed to act as a major mediator of macrophages cells, which can destroy any infections and ameliorate inflammation (Gha-zanfari, Yaraee, Farahnejad, Hakimzadeh, & Danialy, 2009). In this study, the effect of hot water extracts of mushrooms on the NO production of RAW264.7 cells was determined using a Griess reagent assay. The results showed that most of the mushroom extracts up-regulated NO levels significantly. Brown strain of *A. bisporus* is the only mushroom shown to be dose dependent in triggering NO production, maximizing at 100  $\mu$ g/ml with 12.39  $\mu$ M (Figure 10). This is followed by *A. auricular judae* Figure 7. Activation of NF- $\kappa$ B from RAW264.7

macrophage cells by different concentrations of mushroom hot water extracts. The results were analysed based on the standard reference graph. Values are expressed in triplicate as mean  $\pm$  SD. Figure 8. Activation of NF- $\kappa$ B from RAW264.7 macrophage cells by different concentrations of mushroom hot water extracts (i.e., *L. edodes*, *P. giganteus*, *P. citrinopileatus*, *P. cystidiosus*, *P. eryngii*, *P. flabellatus*). The results were analysed based on the standard reference graph. Values are expressed in triplicate as mean  $\pm$  SD. 382 N. A B D U L L A H E T A L. (50  $\mu$ g/ml with 11.46  $\mu$ M) and white strain *A. bisporus* (12.5  $\mu$ g/ml with 11.44  $\mu$ M; 25  $\mu$ g/ml with 11.03  $\mu$ M) (Figure 10). Among the extracts in the *Pleurotus* spp., *P.*

*florida* possessed the highest level of NO production with 10.21  $\mu$ M at 50  $\mu$ g/ml concentration (Figures 11 – 12). Volman et al. (Hong et al., 2013) found that *A. bisporus* was better able to stimulate NO production by macrophage cells than *Coprinus comatus* and *Ganoderma lucidum*. They thus concluded that *A. bisporus* is a good candidate for stimulating immune response. According to a research done by Ghazanfari et al. (Abidin et al., 2016a), *P. florida* was found to be able to increase the NO production of macrophage cells significantly.

A report from Lee and his group displayed that a polysaccharide of 1,6-branched-glucogalactomannan with 36 kDa molecular weight was able to stimulate high NO production from macrophages (Lee et al., 2010). In a recent work on Chinese medicinal mushroom *Coriolus versicolor* it was proved that it has  $\beta$ -glucan capability in giving protection against bacterial infection by stimulating high release of NO production (Shi et al., 2016). Figure 9. Activation of NF- $\kappa$ B from RAW264.7 macrophag

cells by different concentrations of YBG, Lentinan and mushroom hot water extracts (i.e., *P. florida*, *P. pulmonarius*, *S. commune*, *T. heimii*).

The results were analysed based on the standard reference graph. Values are expressed in triplicate as mean  $\pm$  SD. Figure 10. Activation of NO from RAW264.7 macrophage cells by different concentrations of mushroom hot water extracts (i.e., *Agaricus bisporus* (white and brown), *Agrocybe* sp., *A. auricula-judae*, *F. velutipes*, *H. erinaceum*). The results were analysed based on the standard reference graph. Values are expressed in triplicate as mean  $\pm$  SD. **FOOD AND AGRICULTURAL IMMUNOLOGY 383** Conclusion This study has demonstrated that hot water extracts of different mushrooms were found to exhibit different immune-stimulatory activities. This work also revealed that *P.*

*eryngii* (100  $\mu$ g/ml), *P. cystidiosus* (100  $\mu$ g/ml), *T. heimii* (12.5  $\mu$ g/ml), and brown strain of *A. bisporus* (100  $\mu$ g/ml) were the most potent extracts in terms of cell viability, activation of NF- $\kappa$ B, phagocytosis, and NO production of macrophage cells (RAW264.7), respectively. In addition, compared to other species of mushroom, *Pleurotus* demonstrated a high viability of macrophage cells, increase phagocytic activity and the production of nitric oxide (NO), and trigger the activation of NF- $\kappa$ B.

This work reveals that purification and characterization of  $\beta$ -glucans of *T. heimii*, *A. bisporus* and the *Pleurotus* spp. is worth pursuing as potential immune-stimulatory agents. Figure 12. Activation of NO from RAW264.7 macrophage cells by different concentrations of YBG, Lentinan and mushroom hot water extracts (i.e., *P. florida*, *P. pulmonarius*, *S. commune*, *T. heimii*). The results were analysed based on the standard reference graph. Values are expressed in triplicate as mean  $\pm$  SD. Figure 11. Activation of NO from RAW264.7 macrophage cells by different concentrations of mushroom hot water extracts (i.e., *L. edodes*, *P. giganteus*, *P. citrinopileatus*, *P. cystidiosus*, *P.*

*eryngii*, *P. flabellatus*). The results were analysed based on the standard reference graph. Values are expressed in triplicate as mean  $\pm$  SD. **384 N. ABDULLAH ET AL.** Disclosure statement No potential conflict of interest was reported by the authors. Funding Special thanks go to Mushroom Research Centre and Glami Lembi Biotechnology Research Centre, University of Malaya for the facilities and UMRG RP015A-14AFR and PPP grants (No S239/2008 C, PG 142-2012B) for the financial support.

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