# TRANSPORT OF OXYGEN AND CARBON DIOXIDE

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# OXYGEN TRANSPORT

- Oxygen does not dissolve easily in water, so only about 1.5% of inhaled O2 is dissolved in blood plasma, which is mostly water.
- About 98.5% of blood O2 is bound to hemoglobin in red blood cells
- Each 100 mL of oxygenated blood contains the equivalent of 20 mL of gaseous O2.
- Using the percentages just given, the amount dissolved in the plasma is 0.3 mL and the amount bound to hemoglobin is 19.7 mL.

- Oxygen and hemoglobin bind in an easily reversible reaction to form oxyhemoglobin
- The 98.5% of the O2 that is bound to hemoglobin is trapped inside RBCs, so only the dissolved O2 (1.5%) can diffuse out of tissue capillaries into tissue cells.
- Thus, it is important to understand the factors that promote O2 binding to and dissociation (separation) from hemoglobin.

#### THE RELATIONSHIP BETWEEN HEMOGLOBIN AND OXYGEN PARTIAL PRESSURE

- The pressure of a specific gas in a mixture is called its *partial pressure* (Px);
- The most important factor that determines how much O2 binds to hemoglobin is the PO2;
- $P_{02} \uparrow -$  the more O2 combines with Hb.
- When reduced hemoglobin (Hb) is completely converted to oxyhemoglobin (Hb-O2), the hemoglobin is said to be fully saturated
- when hemoglobin consists of a mixture of Hb and Hb-O2, it is partially saturated
- The percent saturation of hemoglobin expresses the average saturation of hemoglobin with oxygen



#### HEMOGLOBIN

When  $4O_2$ 's are bound to hemoglobin, it is 100% saturated; with fewer  $O_2$ 's, it is partially saturated.

Iron atom -

Oxygen binding occurs in response to the high  $P_{O_2}$  in the lungs.

Heme group

Hemoglobin molecule

O<sub>2</sub>'s

can transport up to

four

Polypeptid e chain

Click the hemoglobin molecule to see oxygen loading.

### THE OXYGEN-HEMOGLOBIN DISSOCIATION

 The relationship between the percent saturation of hemoglobin and PO2 is illustrated in the oxygenhemoglobin dissociation curve

CURVE



The relationship between Hb &  $PO_2$ 

The oxygen dissociation curve of Hb
 The shape of the O₂ -Hb dissociation curve is "sigmoid "

When fully saturated : 1 g Hb combines with 1.34 mL O<sub>2</sub> [Hb] : 14.5 g/dL of blood -→ The total O<sub>2</sub> that could be carried as HbO would be : 14.5 X 1.34 = 19.4 mL/dL blood

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OTHER FACTORS AFFECTING THE AFFINITY OF HEMOGLOBIN FOR OXYGEN

- 1) Acidity (pH)
- 2) Partial pressure of carbon dioxide
- 3) Temperature
- 4) 2,3-bisphosphoglycerate (BPG)

# 1. ACIDITY (PH)

- acidity increases (pH decreases), the affinity of hemoglobin for O2 decreases, and O2 dissociates more readily from hemoglobin
- Increasing acidity enhances the unloading of oxygen from hemoglobin
- When pH ↓, the entire oxygen-hemoglobin dissociation curve shifts to the right; at any given PO2, Hb is less saturated with O2, a change termed the Bohr effect.



#### 2. PARTIAL PRESSURE OF CARBON DIOXIDE.

- CO2 also can bind to hemoglobin, and the effect is similar to that of H (shifting the curve to the right).
- As PCO2 rises, hemoglobin releases O2 more readily
- PCO2 and pH are related factors because low blood pH (acidity) results from high PCO2.
- As CO2 enters the blood, much of it is temporarily converted to carbonic acid (H2CO3), a reaction catalyzed by an enzyme in red blood cells called *carbonic anhydrase* (CA): CA = HO

$CO_2$	$\Pi_2 O$	$=$ $\Pi_2 \cup \bigcup_3 =$	— п	$+$ $\Pi CO_3$
Carbon	Water	Carbonic	Hydrogen	Bicarbonate
dioxide		acid	ion	ion



(b) Effect of Pco, on affinity of hemoglobin for oxygen



- as temperature increases, so does the amount of O2 released from hemoglobin
- Metabolically active cells require more O2 and liberate more acids and heat.
- The acids and heat in turn promote release of O2 from oxyhemoglobin.
- Fever produces a similar result.
- In contrast, during hypothermia (lowered body temperature) cellular metabolism slows, the need for O2 is reduced, and more O2 remains bound to hemoglobin (a shift to the left in the saturation curve)

Figure 23.21 Oxygen-hemoglobin dissociation curves showing the effect of temperature changes.



Is O<sub>2</sub> more available or less available to tissue cells when you have a fever? Why?



- decreases the affinity of hemoglobin for O2 and thus helps unload O2 from hemoglobin
- When BPG combines with hemoglobin by binding to the terminal amino groups of the two beta globin chains, the hemoglobin binds O2 less tightly at the heme group sites.
- The greater the level of BPG, the more O2 is unloaded from hemoglobin

# Shifting the Curve

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# 5. Fetal Hemoglobin

Advantage Increased  $O_2$ release to the fetal tissues under the hypoxic condition.



### CARBON DIOXIDE TRANSPORT

- Under normal resting conditions, each 100 mL of deoxygenated blood contains the equivalent of 53 mL of gaseous CO2, which is transported in the blood in three main forms:
- 1. Dissolved CO2 : 7%
- 2. Carbamino compounds: 23%; Hemoglobin that has bound CO2 is termed carbaminohemoglobin (Hb-CO2):

- 3. *Bicarbonate ions* (H<sub>2</sub>CO<sub>3</sub><sup>-</sup>): 70%
- As CO2 diffuses into systemic capillaries and enters red blood cells, it reacts with water in the presence of the enzyme carbonic anhydrase (CA) to form carbonic acid, which dissociates into H<sup>+</sup> and H<sub>2</sub>CO<sub>3</sub><sup>-</sup>



### SUMMARY



(a) Exchange of O<sub>2</sub> and CO<sub>2</sub> in pulmonary capillaries (external respiration)





(b) Exchange of O<sub>2</sub> and CO<sub>2</sub> in systemic capillaries (internal respiration)



# RESPIRATORY REGULATION OF ACID-BASE BALANCE

# INTRODUCTION

- Major homeostatic challenge is keeping the H concentration (pH) of body fluids at an appropriate level.
- This task—the maintenance of acid-base balance—is of critical importance to normal cellular function.
- In a healthy person, several mechanisms help maintain the pH of systemic arterial blood between 7.35 and 7.45. (A pH of 7.4 corresponds to a H concentration of 0.00004 mEq/liter 40 nEq /liter.)
- Because metabolic reactions often produce a huge excess of H<sup>+</sup>, the lack of any mechanism for the disposal of H<sup>+</sup> would cause H level in body fluids to rise quickly to a lethal level.



- The removal of H from body fluids and its subsequent elimination from the body depend on the following three major mechanisms:
- 1. Buffer systems
- 2. Exhalation of carbon dioxide
- 3. Kidney excretion of H<sup>+</sup>

# **EXHALATION OF CARBON DIOXIDE**

- The simple act of breathing also plays an important role in maintaining the pH of body fluids.
- An increase in the carbon dioxide (CO2) concentration in body fluids increases H concentration and thus lowers the pH (makes body fluids more acidic).
- Because H2CO3 can be eliminated by exhaling CO2, it is called a volatile acid.
- Conversely, a decrease in the CO2 concentration of body fluids raises the pH (makes body fluids more alkaline).

This chemical interaction is illustrated by the following reversible reactions:

CO <sub>2</sub> - Carbon tioxide	+ H <sub>2</sub> O Water	H <sub>2</sub> CO <sub>3</sub> Carbonic acid	H+ Hydrogen ion	+ HCO <sub>3</sub> - Bicarbonate
aloxide		acid	1011	1011

- Changes in the rate and depth of breathing can alter the pH of body fluids within a couple of minutes. With increased ventilation, more CO2 is exhaled.
- When CO2 levels decrease, H concentration falls, and blood pH increases.
- Doubling the ventilation increases pH by about 0.23 units, from 7.4 to 7.63. If ventilation is slower than normal, less carbon dioxide is exhaled.
- When CO2 levels increase, the H concentration increases, and blood pH decreases.
- Reducing ventilation to one-quarter of normal lowers the pH by 0.4 units, from 7.4 to 7.0.
- These examples show the powerful effect of alterations in breathing on the pH of body fluids.

# BOHR EFFECT

- When pH ↓, the entire oxygen-hemoglobin dissociation curve shifts to the right; at any given PO2, Hb is less saturated with O2, a change termed the Bohr effect.
- The Bohr effect works both ways:
- 1. An increase in H in blood causes O2 to unload from hemoglobin,
- 2. The binding of O2 to hemoglobin causes unloading of H from hemoglobin.
- The explanation for the Bohr effect is that hemoglobin can act as a buffer for hydrogen ions (H).
- But when H ions bind to amino acids in hemoglobin, they alter its structure slightly, decreasing its oxygen-carrying capacity → lowered pH drives O2 off hemoglobin, making more O2 available for tissue cells.
- ↑ pH increases the affinity of hemoglobin for O2 and shifts the oxygen-hemoglobin dissociation curve to the left.

#### THE PH OF BODY FLUIDS AND THE RATE AND DEPTH OF BREATHING INTERACT VIA A NEGATIVE FEEDBACK LOOP



THANK YOU Teurimong Geunaseh